

Coaches,

We at Hamilton Cross Country are excited to be hosting races once again. This year we are hosting The Bevill State High School Invitational and Section IV. The Bevill State HS Invitational will be October 18. Coaches we hope you bring your teams to our great course. I believe its one of the better courses the runners will see this year. From a fans standpoint, it's a great because most of the race can be seen with very little movement.

The Invitational is late in the year so no junior high races will be held. Teams may run as many runners needed on a team to look at younger runners that could move up for sectionals.

Also we will have an All-comers race after the last team race, no entry fee, top 5 boys & girls will receive a medal. Boys and girls will run together in this race. Any one that raced with a team cannot run in this race. No age limit, not limited to high school runners, but only HS runners will receive a medal.

The date of our invitational was previously the Lawrence Co Invitational date. They will not be hosting a meet on that date this year. So we hope you will come run with us.

Awards will be given to the top 3 teams in each race, the top 10 runners from each race will receive medals, and the overall fastest boy and girl will receive a special award.

Cost will be \$30.00 per team. Individuals will be \$7.00 each for up to 4 runners.

Race schedule

Race 1: 1a-3a Girls 9:00am

Race 2: 4a-6a Girls 9: 40am

Race 3: 1a-3a Boys 10:20 am

Race 4: 4a-6a Boys 11:00 am

Race 5: All-comers 11:30 am

AWARDS 12:00